



2017 EVENT RULES

> 3 VALLÉES RANDO TOUR <

Sunday 9th July 2017

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INTRODUCTION

The 3 Vallées Rando Tour is a sport hike organized by the 3 Valleys on the Savoyard area. This is a non-timed event. It will not result in any classification. Participants are considered to be on a personal tour. The course will take place at free pace in strict compliance with the Highway Code when crossing roads and other mountain users.

Failure to comply with safety regulations and any dangerous behavior will result in removal of the frame plate.

The different routes will be marked with directional signs and temporary marking on the ground.

Technical or sensitive parts will also be reported.

The participants undertake to travel the distance and the planned itinerary in the best possible sportsmanship.

Any motorized follower vehicle is prohibited on the course.

ORGANISATION

The FREE BIKE is an event organised by the association named "Les 3 Vallées" in coordination with the company Extra Sports.

The organising committee's address and contact details are:

EXTRA SPORTS

3 Vallées Addict Tour

5, rue Vauban

69006 LYON

FRANCE

E-mail : info@3valleesaddicttour.com

Tel : +33 (0)4.72.75.92.45

ENTRIES

Entries are open as from Wednesday 25th January 2017 on the event web site, as follows:

<http://addicttour.les3vallees.com/> and will remain open until Wednesday 5th July 2017. You have the option of an on-line entry via the platform SPORT 16 or, alternatively, a standard paper entry form.

When entering the event, participants must pay the full applicable entry fee either by credit card (secure payment system) or by cheque. Entry fees are as follows:

	ENTRY FEE 1 From 25/01 to 31/03 midnight	ENTRY FEE 2 From 01/04 to 05/07
3 VALLÉES FREE BIKE	23€	28€
3 VALLÉES FREE BIKE + RANDO TOUR PACK	53€	60€

The participant's entry is official following the receipt of an e-mail from the organisers confirming their registration.

All confirmed entries are firm and definitive and will not, for whatever reason, even should the case arise that the event is cancelled, be refunded.

CONDITIONS OF PARTICIPATION

Participants, to take part in the event, must satisfy the following conditions:

- Minimum 12 years old on the day of departure (a minor must have provided a parental authorization and a discharge of responsibility)
- Adhere to and respect the rules of the event
- Have fully paid their entry fee and any associated fee(s)
- Adhere to and use the required obligatory material (see below)

OBLIGATORY MATERIAL

FAILURE TO BE EQUIPPED WITH ALL THE OBLIGATORY MATERIAL AT ANY MOMENT DURING THE EVENT WILL AUTOMATICALLY LEAD TO THE PARTICIPANT'S IMMEDIATE DISQUALIFICATION BY THE REMOVAL OF THEIR FRAME-ATTACHED RACE NUMBER

- Helmet with chin-strap properly attached
- Brakes in perfect working order
- Frame-attached race number
- Water reserve 1 L

It is advisable that participants also have on their person, the following:

- A mobile telephone with access to the mobile phone network in the domain of Les 3 Vallées
- A supply of water (hydration pack, bottles etc.)

MEDICAL CERTIFICATES AND LICENSES

It is a MANDATORY condition of participation in the event,

That participants provide valid medical proof, in the form of either:

- A medical certificate, dated of less than one year on the first day of the event permitting the holder to participate in cycling and/or MTB cycling competitions, or
- A valid license issued by the following French Federation FFC, FFH, UFOLEP, FFTRI, FSGT or, alternatively, issued by an UCI-recognised foreign cycling federation.

ROUTE

A loop course of approximately 80km for 965 m/d+ and 6609 m/d- maximum will be marked by the organization.

Each participant must respect the time barriers and comply with the instructions given by the organization via staff, bike patrols and volunteers in the field.

Any abandonment must be reported to the organization on the rescue stations, refuelling points, tourist offices or by telephone to the Race program.

INSURANCE

Civil liability: conform with the (French) law, the event organisers have taken out an insurance policy that covers their civil liability responsibility.

Though the organisers have taken out a specific insurance policy for the event all competitors must have an insurance cover provided by a bona fide insurer for events such as this.

License-holders automatically benefit from the guarantees by the insurance linked to their license. (N.B. Foreign federation license-holders please check, prior to the event, that your license provides suitable personal and third party insurance cover).

All other participants must have suitable personal and third party insurance cover.

PERMITTED MATERIAL

- MTB bicycles only will be permitted. NO other style or type of bicycle is acceptable.
- Bikes must be in perfect working order: bar ends plugged, absence of sharp edges, brakes in perfect working order, puncture repair tools &/or spare tubes/tyres. IT IS OBLIGATORY FOR ALL PARTICIPANTS that they wear an approved full face helmet and back protector. Participants with neither helmet nor back protector will not be permitted to take the start.

MEDICAL SUPPORT

Medical assistance, of a first aid team and rescuers, as well as a sports medical team will be on site during the different stages and in the exhibitors' village. Every competitor must affix the supplied race number to their bike frame. Competitors must not (visibly or other) alter the race number plaque, which must be attached to the frame so that it is clearly visible.

CANCELLATION

The organisers may be obliged to change the course or even cancel the event in the case of *force majeure*. Though the organisers have taken out a specific event organisers civil responsibility insurance cover they cannot be held responsible for any accidents or faults caused by competitor poor health, theft or damage to personal material etc. during the event or at the Start or Finish sites.

Reminder: All confirmed entries are firm and definitive and will not, for whatever reason, even should the case arise that the event is cancelled, be refunded.

IMAGE RIGHTS

All participants authorise the organisers and their partners, such as sponsors and media, to freely use the still or moving images in which they may appear, photographed or filmed during their participation in the event. These rights apply to their use for all means of communication including promotional documents &/or advertising throughout the world and for the duration as specified by the law. All entries to the event imply the full knowledge and agreement of this clause.

CNIL/ DATA PROTECTION

Conform with the (French) law "*Informatique et Liberté*" (Data Protection and Freedom of Information Act) of the 6th January 1978, you have the right to access and correct any personal data concerning you. Via our intermediary, you may receive promotional information from our business or association partners. If you do not wish to receive these offers, simply write to us, indicating your name, first name, address and race number.

CONTRACTUAL ENGAGEMENTS

Entry to the event implies that the participant has made them themselves fully aware of these rules, which they acknowledge and their agreement to abide by the entirety of the rules without any restriction.